

A person wearing a black tuxedo with a white shirt and a black bow tie is holding a silver tray with both hands. The background is a solid olive green color.

**First Thursday Break-  
fasts  
Presents**

**THE MAIN COURSE**

**Presentations to feed  
the mind & the soul!**

**November 6**

**Michael Haynes**

**Talking The Walk**

**Breakfast immediately  
following the 9am Mass;  
Presentation: 10:15—11am**

**November 6: Talking The Walk**

The *Camino Frances* is the most popular of all the Camino routes to Santiago de Compostela in North West Spain. During the year more than 100,000 people walk this particular Camino which begins on the French side of the Pyrenees. In medieval times pilgrims began walking “the French Way” to reach the tomb of the Apostle, St. James the Great. Like them, parishioner, Mike Haynes left the comforts of home to walk in their footsteps.



**Presented by:** Michael Haynes, parishioner since 2004. Mike has hiked the Lolo Train, the actual crossing used by Lewis and Clark across Idaho, floated the Grand Canyon, worked in Yellowstone National Park and rode a bicycle from San Diego, California to San Augustin, Florida. In 2012, Mike walked the 500 miles of the Camino de Santiago in Spain.